

Aphasia Insights!

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“Thus we read in a little-known essay by Ernest Fenollosa, published by Ezra Pound and so far as I know never mentioned in the literature on the metaphor: “Metaphor is...the very substance of poetry”; without it, “there would have been no bridge whereby to cross from the minor truth of the seen to the major truth of the unseen.” (pp. 106).”

Arendt, Hannah. *The Life of the Mind (Vol 1, Thinking, Vol 2, Willing)* One-volume edition. A Harvest Book, Harcourt, Inc. San Diego, New York, London, 1978 (original 1971).

Aphasia Nation, Inc. is committed to educating the wider public about stroke and aphasia and the “*Aim High for Aphasia!*” international Aphasia Awareness campaign.

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Stroke and Aphasia Recovery: Metaphors Help Us Mend using Images and Words We Know.

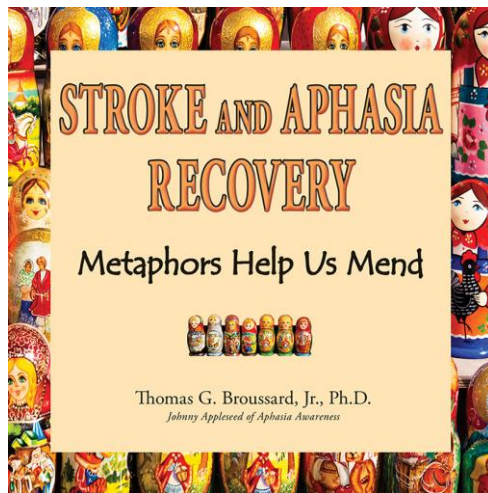
By Tom Broussard, Ph.D.

Stroke and Aphasia Recovery: Metaphors Help Us Mend is the second volume in a series of educational materials for people with stroke and aphasia, their family, friends, and caregivers, as well as the speech therapists and clinicians who care for them at the start of their lifelong journey towards recovery.

Aphasia is a communication disorder typically resulting from a stroke, with language problems including reading, writing, and speaking deficits.

There are about 2.6 million people with aphasia in North America, and about 25% to 40% of people with a stroke acquire aphasia. It is more common than Parkinson’s disease, cerebral palsy, or muscular dystrophy, but most people have never heard of it before.

I had my first stroke and aphasia in 2011. I was an associate dean at The Heller School, Brandeis University, just outside of Boston, when I lost my language and could not read, write, or speak well. It took me years to regain my language. My mission now is to educate others about how the brain rewires itself—from the perspective of someone who experienced it firsthand.



Through a series of useful metaphorical stories, this book helps us understand how the brain works and recovers. The mechanics of plasticity (the ability to change, alter, and create new brain matter) is the process by which we recreate our language.

These lessons help provide you with the knowledge needed to generate the self-directed fuel that spurs plasticity, the foundation of all learning.

People with aphasia who have lost their language from a stroke can still get it back!

A brain damaged by a stroke can still function well enough to rewire itself. All it takes is the time and effort needed to learn the steps of

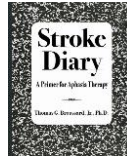
recovery by experiencing the brain activities in action.

Stroke and Aphasia Recovery: Metaphors Help Us Mend is dedicated to helping people with aphasia, their family, caregivers, and clinicians, as well as educating the wider public about aphasia and plasticity, using the “*Aim High for Aphasia!*” International Aphasia Awareness Campaign at Aphasia Nation, Inc. (www.aphasianation.org).

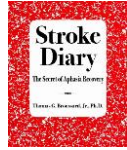
If you (or someone in your family) have suffered a stroke with aphasia, and want to know what it takes to repair one’s language, **this book is for you!**

Signed: *The Johnny Appleseed of Aphasia Awareness*

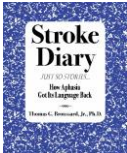
Additional Books by Thomas G. Broussard, Jr.



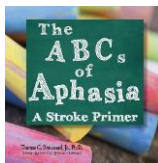
Stroke Diary: A Primer for Aphasia Therapy is practically a day-to-day diary from a stroke survivor who couldn’t write ... but kept on writing anyway. A first-of-its-kind primer that blazes the trail for new aphasia therapy.



Stroke Diary: The Secret of Aphasia Recovery is a personal, intensive, enriched therapy boost for recovery, drawn from an almost 500-page diary. The secret of recovery from aphasia is all about the *doing*.



Stroke Diary: Just So Stories ... How Aphasia Got Its Language Back validates how practice can provide the cure to aphasia recovery. Practice is more than just *practice*. Practice is the prescription for improvement *and* the cure.



The ABCs of Aphasia: A Stroke Primer is needed by every stroke survivor and one’s family immediately after a stroke. Literally, it is the A-to-Z primer about stroke, aphasia, and recovery that you can’t get anywhere else.